

Digital Citizenship Week 2018-19: **Building a Culture of Shared Responsibility**  
**Every Student, Every Teacher, Every Parent, Every Day**

FCPS Digital Citizenship Public Website: <https://www.fcps.edu/resources/technology/technology-literacy/digital-citizenship>

## FRIDAY AT HOME AND SCHOOL

### HANDLING HATERS, TROLLS AND CYBERBULLIES

*Have you ever heard kids say “I don’t want to be a snitch?” You might also know children who go straight to an adult to resolve their conflicts with peers instead of problem solving for themselves. Others stay silent and fearful when being treated in an unkind way.*

***How can adults support children in knowing when digital drama rises to a level that should be reported?***

*These resources and strategies can help students understand how online haters, trolls and cyberbullies might be impacting them and provides action steps for students to take accordingly. Check out these video links to learn more.*

[Handling Haters](#)

[Cyberbullying Haters, and Trolls](#)

#### **PARENTS AND TEACHERS TAKE ACTION:**

1. Share a story about a time when someone did something hurtful to you on social media. How did it make you feel, and how did you deal with it? Help students understand ways they can rate the severity of the behavior and what action steps they can take.
2. Tips for helping someone in crisis: <https://www.fcps.edu/student-wellness-tips/help-in-crisis>
3. Having a contact card on your child's mobile device in case they need help a good idea. Consider adding these numbers to your children's phones if they have one:

#### **When you are at school:**

Text NEEDHELP to 85511 – Hit send

#### **If you are not at school you can:**

- Call Crisis Link at (703) 527-4077.
- Text NEEDHELP to 85511
- Call 911

**Thanks for taking time to refocus on Digital Citizenship this week.**

**Things change quickly in the digital world, so keep the support going all year long.**